The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately.
This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, please visit **www.hmatpa.com** or call **1-866-826-5317.** For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at **https://www.healthcare.gov/sbc-glossary** or by calling **1-866-826-5317** to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	Participating Providers: $500 person/$1,500 family; Non-Participating Providers: $1,000 person / $3,000 family	Generally, you must pay all of the costs from providers up to the deductible amount before this plan begins to pay. If you have other family members on the plan, each family member must meet their own individual deductible until the total amount of deductible expenses paid by all family members meets the overall family deductible. Plan Deductible is combined for Medical and Pharmacy services.
Are there services covered before you meet your deductible?	Yes. Preventive Care Services, delivered through a participating physician's office, hospital, or other provider are covered before you meet your deductible.	This plan covers some items and services even if you haven't yet met the deductible amount. But a copayment or coinsurance may apply. For example, this plan covers certain preventive services without cost-sharing and before you meet your deductible. See a list of covered preventive services at https://www.healthcare.gov/coverage/preventive-care-benefits/.
Are there other deductibles for specific services?	No.	You don't have to meet deductibles for specific services.
What is the out-of-pocket limit for this plan?	Medical Participating Providers: $1,000 person /$3,000 family, Non-Participating: $2,000 person/$6,000 family Pharmacy Plan Participating Providers: $5,850 person / $10,700 family, Non-Participating: not covered	The out-of-pocket limit is the most you could pay in a year for covered services. If you have other family members in this plan, they have to meet their own out-of-pocket limits until the overall family out-of-pocket limit has been met. For Pharmacy, member will pay Plan Deductible. Once the Deductible is met, member will pay copay amounts until the maximum out-of-pocket limit has been met.
What is not included in the out-of-pocket limit?	Premiums; balance-billing charges; charges in excess of the maximum benefits payable under this plan; penalties for failure to obtain preauthorization; and health care this plan doesn't cover.	Even though you pay these expenses, they do not count toward the out-of-pocket limit.
Will you pay less if you use a network provider?	Yes. See www.myCigna.com for a list of participating providers through the Cigna network.	This plan uses a provider network. You will pay less if you use a provider in the plan's network. You will pay the most if you use an out-of-network provider, and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware, your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.
Do you need a referral to see a specialist?	No.	You can see the specialist you choose without a referral.

OMB Control Numbers 1545-2229, 1210-0147, and 0938-1146
Released on April 6, 2016,
HMA_Approved 171222

All copayment and coinsurance costs shown in this chart are after your deductible has been met, if a deductible applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Participating Provider (You will pay the least)	Non-Participating Provider (You will pay the most)	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	$10 copay/visit	30% Coinsurance after Annual Deductible, plus amounts that exceed the Reasonable & Allowed Amount	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for. *Includes Preventive Services only as outlined by the Patient Protection & Affordable Care Act.
	Specialist visit	$10 copay/visit	30% Coinsurance after Annual Deductible plus amounts that exceed the Reasonable & Allowed Amount	None.
	Other practitioner office visit	$20 copay/visit	30% Coinsurance after Annual Deductible plus amounts that exceed the Reasonable & Allowed Amount	Acupuncture, Chiropractor, Naturopath. Combined benefit year benefit maximum of $400.00
	Preventive care/screening/ immunization	No copay	30% Coinsurance after Annual Deductible plus amounts that exceed the Reasonable & Allowed Amount	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.*Includes Preventive Care Office Visit. Preventive Services only as outlined by the Patient Protection & Affordable Care Act.
If you have a test	Diagnostic test (x-ray, blood work)	10% Coinsurance after annual deductible	30% Coinsurance after Annual Deductible plus amounts that exceed the Reasonable & Allowed Amount	0% Coinsurance for Preventive Services only, as outlined by the Patient Protection & Affordable Care Act. Preauthorization is NOT required for Blood Work, except for Genetic Testing. If you don't get pre authorization benefits could be reduced by 25%*
	Imaging (CT/PET scans, MRIs)	10% Coinsurance after annual deductible	30% Coinsurance after Annual Deductible plus amounts that exceed the Reasonable & Allowed Amount	

* For more information about limitations and exceptions, see the plan or policy document at www.hmatpa.com.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Participating Provider (You will pay the least)	Non-Participating Provider (You will pay the most)	
If you need drugs to treat your illness or condition. More information about **prescription drug coverage** is available at www.welldynerx.com	Generic drugs	$10 copay	Not Covered	Retail limited to 31-day supply or 90-day supply (3 X copay required). Mail Order limited to 90-day (2 X copay required). Specialty Preferred Brand: $20 copay Specialty Non-Preferred Brand: $35 copay
	Preferred brand drugs	$20 copay	Not Covered	
	Non-preferred brand drugs	$35 copay	Not Covered	
	Specialty drugs	$10 copay (Generic)	Not Covered	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	$100 copay after annual deductible	$100 copay after annual deductible, plus amounts that exceed the Reasonable & Allowed Amount	Copay waived if admitted (Inpatient copay would apply). Preauthorization is required. If you don't get pre authorization benefits could be reduced by 25%.*
	Physician/surgeon fees	10% coinsurance after annual deductible	30% coinsurance, after annual deductible plus amounts that exceed the Reasonable & Allowed Amount	None
If you need immediate medical attention	Emergency room care	$100 copay after annual deductible	$100 copay after annual deductible, plus amounts that exceed the Reasonable & Allowed Amount	Copay waived if admitted (Inpatient copay would apply).
	Emergency medical transportation	$150 copay after annual deductible	$150 copay after annual deductible, plus amounts that exceed the Reasonable & Allowed Amount	Preauthorization is required for non-emergent transportation. If you don't get pre authorization benefits could be reduced by 25%.*
	Urgent care	$20 copay/visit	30% coinsurance, after annual deductible plus amounts that exceed the Reasonable & Allowed Amount	None
If you have a hospital stay	Facility fee (e.g., hospital room)	$100 copay/day, up to three days after annual deductible	$100 copay per day up to 3 days, after annual deductible plus amounts that exceed the Reasonable & Allowed Amount	Preauthorization is required. If you don't get pre authorization benefits could be reduced by 25%.*
	Physician/surgeon fees	10% coinsurance after annual deductible	30% coinsurance, after Annual Deductible plus amounts that exceed the Reasonable & Allowed Amount	None

* For more information about limitations and exceptions, see the plan or policy document at www.hmatpa.com.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Participating Provider (You will pay the least)	Non-Participating Provider (You will pay the most)	
If you need mental health, behavioral health, or substance abuse services	Outpatient services	$10 copay/visit	30% coinsurance, after annual deductible plus amounts that exceed the Reasonable & Allowed Amount	**Psychological Testing:** 10% coinsurance after annual deductible. Preauthorization is required if at hospital. If you don't get pre authorization benefits could be reduced be reduced by 25%*
	Inpatient services	$100 copay per day, up to three days after annual deductible	$100 copay per day up to 3 days, after annual deductible plus amounts that exceed the Reasonable & Allowed Amount	Preauthorization is required. If you don't get pre authorization benefits could be reduced by 25%.*
If you are pregnant	Office visits	10% coinsurance after annual deductible	30% coinsurance, after annual deductible plus amounts that exceed the Reasonable & Allowed Amount	Cost sharing does not apply for preventive services, Depending on the type of services, coinsurance may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound). Copay waived if admitted (Inpatient copay would apply).
	Childbirth/delivery professional services	10% coinsurance after annual deductible	30% coinsurance after annual deductible, plus amounts that exceed the Reasonable & Allowed Amount	
	Childbirth/delivery facility services	$100 copay per day, up to three days after annual deductible	$100 copay per day up to 3 days, after annual deductible plus amounts that exceed the Reasonable & Allowed Amount	
If you need help recovering or have other special health needs	Home health care	10% coinsurance after annual deductible	30% coinsurance, after annual deductible plus amounts that exceed the Reasonable & Allowed Amount	Limited to 120 visits/year. Preauthorization is required. If you don't get pre authorization benefits could be reduced by 25%.*
	Rehabilitation services	10% coinsurance after annual deductible	30% coinsurance, after annual deductible plus amounts that exceed the Reasonable & Allowed Amount	Preauthorization is required after the first initial 5 visits. If you don't get pre authorization benefits could be reduced by 25%.*
	Habilitation services	10% coinsurance after annual deductible	30% coinsurance, after annual deductible plus amounts that exceed the Reasonable & Allowed Amount	Preauthorization is required after the first initial 5 visits. If you don't get pre authorization benefits could be reduced by 25%.*

* For more information about limitations and exceptions, see the plan or policy document at www.hmatpa.com.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Participating Provider (You will pay the least)	Non-Participating Provider (You will pay the most)	
	Skilled nursing care	$100 copay per day, up to three days after annual deductible	$100 copay per day up to 3 days, after annual deductible plus amounts that exceed the Reasonable & Allowed Amount	Preauthorization is required. If you don't get pre authorization benefits could be reduced by 25%.*
	Durable medical equipment	10% coinsurance after annual deductible	30% coinsurance, after annual deductible plus amounts that exceed the Reasonable & Allowed Amount	If you don't get pre authorization benefits could be reduced by 25%.*
	Hospice services	$20 copay/visit	30% coinsurance, after annual deductible plus amounts that exceed the Reasonable & Allowed Amount	Preauthorization is required. If you don't get pre authorization benefits could be reduced by 25%.*
If your child needs dental or eye care	Children's eye exam	No copay	30% coinsurance, after annual deductible plus amounts that exceed the Reasonable & Allowed Amount	Preventive care includes a visual screening assessment, as covered under preventive services. (Recommended by Bright Futures Project).
	Children's glasses	Not Covered	Not Covered	Excluded Service. (If vision is elected, see Other Covered Services below)
	Children's dental check-up	No copay	30% coinsurance, after annual deductible plus amounts that exceed the Reasonable & Allowed Amount	Preventive care includes an oral health risk assessment, as covered under preventive services. (Recommended by Bright Futures Project).

* For more information about limitations and exceptions, see the plan or policy document at www.hmatpa.com.

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Bariatric surgery,
- Cosmetic Surgery,
- Dental care (Adult),
- Infertility treatment,
- Long-term care,
- Non-emergency care when traveling outside the U.S.,
- Private-duty nursing,
- Routine foot care, and
- Weight loss programs.

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Acupuncture, Chiropractic, Naturopathy, and Massage Therapy services , $400 combined annual max for alternative care services,
- Hearing aids, $1,500/device maximum and limited to 1 device per ear every 5 years
- Routine eye care including Vision Exam, Lenses, Frames, Contact Lens, Fitting, Lasik Surgery In Lieu Of Glasses, $250 annual maximum benefit
- Second Surgical Opinion
- Transplants

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa.

Does this plan provide Minimum Essential Coverage? Yes

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-866-826-5317.
Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-866-826-5317.
Chinese (中文): 如果需要中文的帮助，请拨打这个号码1-866-826-5317.
Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-866-826-5317.

––––––––––––––––––––*To see examples of how this plan might cover costs for a sample medical situation, see the next section.*––––––––––––––––––––

* For more information about limitations and exceptions, see the plan or policy document at www.hmatpa.com.

About these Coverage Examples:

This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby
(9 months of in-network pre-natal care and a hospital delivery)

- The plan's overall deductible $500
- Specialist *Copayment* $10
- Hospital (facility) *Copayment** $100
- Other *Coinsurance* 10%

This EXAMPLE event includes services like:
Specialist office visits (*prenatal care)*
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (*ultrasounds and blood work)*
Specialist visit *(anesthesia)*

Total Example Cost	$12,840
In this example, Peg would pay:	
Cost Sharing	
Deductibles	$500
Copayments*	$160
Coinsurance	$340
What isn't covered	
Limits or exclusions	$60
The total Peg would pay is	**$1,060**

Managing Joe's type 2 Diabetes
(a year of routine in-network care of a well-controlled condition)

- The plan's overall deductible $500
- Specialist *Copayment* $10
- Hospital (facility) *Copayment** $100
- Other *Coinsurance* 10%

This EXAMPLE event includes services like:
Primary care physician office visits (*including disease education)*
Diagnostic tests *(blood work)*
Prescription drugs
Durable medical equipment *(glucose meter)*

Total Example Cost	$7,460
In this example, Joe would pay:	
Cost Sharing	
Deductibles	$500
Copayments*	$670
Coinsurance	$190
What isn't covered	
Limits or exclusions	$60
The total Joe would pay is	**$1,420**

Mia's Simple Fracture
(in-network emergency room visit and follow up care)

- The plan's overall deductible $500
- Specialist *Copayment* $10
- Hospital (facility) *Copayment** $100
- Other *Coinsurance* 10%

This EXAMPLE event includes services like:
Emergency room care *(including medical supplies)*
Diagnostic test *(x-ray)*
Durable medical equipment *(crutches)*
Rehabilitation services *(physical therapy)*

Total Example Cost	$2,010
In this example, Mia would pay:	
Cost Sharing	
Deductibles	$500
Copayments*	$480
Coinsurance	$90
What isn't covered	
Limits or exclusions	$0
The total Mia would pay is	**$1,070**

The plan would be responsible for the other costs of these EXAMPLE covered services.