

Community

AARP Tax Assistance

Volunteers from AARP will assist low-income citizens with filling out and filing State and Federal Tax Return papers for 2018. FREE

Feb 7-Apr 11

Thursdays 9 a.m. to 1 p.m.

No phone calls, please ask your tax question in person.

NO appointments, first come, first served.

Senior Technology Assistance

Volunteers will help teach how to use your:

- Flip phones, Laptops, Smart Phones, programs, save/download pics, tablets and more.

Wednesdays 2:30-4 p.m. FREE

RSVP recommended 341-2974

Senior Meals

Enjoy a nutritiously-balanced meal and a social dining experience with friends and peers. \$3 donation for person age 60 and over.

Provided by Area Agency on Aging

Mondays, Wednesdays, Thursdays

11:30 a.m. RSVP: 209-480-4337 at least 24 hrs. in advance.

Drop-In Games

*Call the office in advance to ensure enough people will be available to play (209) 341-2974

| | |
|--------------|------------------|
| Mon: 10 am | *Cribbage |
| 1 pm | Bridge/Chess |
| Tue: 1:15 pm | Bunco |
| Wed: 10 am | *Pinochle/Spades |
| 12:15 | Movie Matinee |
| 1 pm | Hand and Foot |
| Thu: 10 am | *Mexican Train |
| | *Mah Jongg |

Scam Prevention

Learn about popular scams that are being used to trick seniors and how to prevent yourself from being a victim.

Friday, Mar 29 11:00 AM Auditorium

Presented by: Brian Nelson and Sgt. Bobbi Meredith

Movie Matinee

Wednesdays 12:15 pm Auditorium

3/6 The Big Sleep

3/13 Only Living Boy in New York

3/20 Walking Out

3/27 A Wrinkle in Time

Walking Group

Join a volunteer-led walking group on a pre-determined route across from senior center.

Mon/Wed

9:00 am

Mon/Wed/Fri

10:30 am

Check-in at the senior center office before or after walk.

Classes

Belly Dance:

Instructor: Ishtar

#1145 \$44/8 sessions

3/5-4/23 Tue, 6-7 p.m.

Improve posture, build self-confidence and learn basic belly dance techniques for this class designed for any age, shape or size.

Line Dance:

Instructor: Nancy Franklin

#1146 \$48/8 sessions

3/4-4/22 Mon, 6:45-7:45 p.m.

Modesto Senior Citizens Center 211 Bodem Street

Hours:

Mon, Wed, Fri, 8 a.m.-4 p.m.

Tue, Thur, 9 a.m.-3 p.m.

Contact

Shannon Parker, Coordinator

Phone: (209) 341-2974

Fax: (209) 491-4341

E-mail: sparker@modestogov.com

Web: www.modestogov.com



Club Contacts

Forever Young Dance Club

(209) 534-7663

Modesto Senior Citizens Club-Bingo

(209) 495-1570

Native Daughters of the Golden West

(209) 896-7500

Wi-Fi Available

The senior center now has Wi-Fi. Ask staff for password to get started. Provided by:

LinkMODEST 